



Foot Facts



By Dr. Eric R. Tepper, Podiatrist

GOUT

If you have gout (or gouty arthritis), you've probably been told that this was once considered a sign of affluence, as the rich diet thought responsible for it was one only the wealthy could afford. If you know gout's exquisite pain, you're not likely flattered by the "lavish lifestyle" connotation — you just want relief! Gout is actually caused by a build-up of uric acid salts (a normal dietary byproduct) in the joints. The big toe joint is the most common site of this inflammation, and the pain there is certainly exacerbated by the great pressure walking exerts on that joint. Although red meats and sauces are implicated as possible causes, so are proteins found in beans and lentils.

If adverse conditions such as gout restrict mobility or activity, the entire body can be affected. Don't fall victim to this situation. Seek professional podiatric treatment before little problems grown into big ones. And remember, your feet don't have to hurt. All you have to do is call us at 234-5571, at Rice Medical Center. I am there every Tuesday. In addition to diagnosis and treatment, we'll also discuss ways of preventing problems from occurring or recurring in the future.

P.S. Genetics seems to play a role in the incidence of gout; men are also much more prone to this condition than women.

Don't Forget... Early Voting Is In Progress!

Views On Dental Health

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BETTER THAN A FILLING

You may have one or more teeth that have been filled more than once and want something better. One solution is to have the teeth crowned. This is often recommended when a tooth is too badly decayed or too damaged to accept a filling successfully.

A crown will not only give you better protection against decay, it will also help strengthen the tooth. You also have a choice of materials to use for the crown to make it look like your natural teeth. The choice will also make a difference in the crown's durability.

Crowns have many other uses in addition to preserving teeth that can no longer hold a filling well. They can be used to restore teeth that are badly stained and chipped and also to correct the spacing between teeth. Another major use of crowns is to help support fixed dentures at the extremities (abutment teeth).

Presented as a public service to promote better dental health. From the office of JOHN B. MYRES, D.D.S., 700 S. McCarty Avenue, Eagle Lake, 234-3525.

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EAGLE LAKE POLICE REPORT

The Eagle Lake Police Department reported the following calls and cases for the week ending Oct. 19.

On Oct. 14, at 7:39 a.m., Sgt. Bill Lattimore was dispatched to C Street in reference to loud noises. Sgt. Lattimore checked the area around the residence, but was unable to locate any noise, loud or otherwise.

At 11:50 a.m., Sgt. Lattimore met with a complainant in reference to a missing person, and filed a missing person report.

Officer Stephen Nelson met with a complainant on State St. in reference to an unwanted person at the residence. The subject left the residence and no police action was required.

On Oct. 15, at 12:42 a.m., Officer Nelson was dispatched to a disturbance on Raezer St. One subject was given courtesy transport to another residence and no police action was required.

Sgt. Lattimore met with a complainant on Clark St. in reference to a theft. Sgt. Lattimore gathered information and filed a report.

Gun shots coming from the area of Second St. was reported to Officer Nelson at 8:08 p.m. A search of the area did not reveal any suspicious

activity.

Officer Nelson and Chief Keith Webb met with a complainant in reference to an out of control juvenile at 8:15 p.m.

Lt. Clem Johnson met with subjects on S. Lake Ave. in reference to a disturbance at 9:09 p.m. Both subjects calmed down and no other action was required.

Lt. Johnson served an outstanding warrant for evading arrest on Roland Hayes Hemphill II. After processing, Hemphill was transported to the County Detention Center (CDC) for confinement.

Sgt. Lattimore met with a complainant in reference to a problem that was civil in nature, and advised the complainant of the action to take.

On Oct. 16, at 7:47 a.m., Sgt. Lattimore was dispatched to a two-vehicle accident in the parking lot of J&K's Texaco. The vehicles sustained minor damage, but an accident report was filed due to one subject complaining of neck injuries.

At 8:35 a.m., Sgt. Lattimore met with subjects in reference to trespassing. One subject was issued a written warning for trespassing and advised not to come onto the property.

A report of terroristic threat was filed by Sgt. Lattimore at 10:10 a.m., after meeting with a complainant and gathering information.

Chief Webb and Sgt. Lattimore met with complainants in reference to a disturbance at 12:58 p.m. It was determined that the disturbance was verbal in nature and no violence had taken place, and no other action was taken.

Sgt. Lattimore was flagged down on Church St. in reference to someone hitting his car with a rock. The complainant did not wish to press charges against the juvenile.

Officer Nelson met with a complainant in reference to a stolen bicycle. The bicycle was later recovered and the complainant did not wish to file charges.

On Oct. 17, at 5:06 a.m., Officer Nelson met with a complainant in reference to his vehicle being stolen. Later, with the assistance of the Columbus Police Department, a suspect, Kenneth Ray Holloway, was arrested and transported back to the police department. Holloway was processed and charged with unauthorized use of a motor vehicle, and then transported to the CDC for confinement.

On Oct. 18, at 1:29 a.m., Lt. Johnson responded to a disturbance call on Gonzales St. After meeting

with subjects, one subject left the residence for the night to avoid a further altercation.

At 3:48 a.m., Officer Nelson had Delgado's tow a vehicle off of Cemetery St. that was a road hazard.

Officer Tim Crume was dispatched to Boothe Dr. in reference to loose dogs at 9:26 a.m., but was unable to locate any dogs.

Officer Crume was dispatched to a disturbance at Rice Medical Center at 3:05 p.m. to calm a situation. Family members were escorted out by other family members, but no force was used by officers.

On Oct. 19, at 12:21 a.m., Officer Carl Risk, assisted by Deputy Zermeno, received a call of an unwanted person at a residence on Davitt St. Deputy Zermeno arrested a subject on an outstanding warrant.

At 4:46 p.m., Officer Crume was dispatched to the 200 block of E. Main in reference to a suspicious person. No action was taken.

At 8 p.m., Officer Risk assisted a county deputy at a disturbance on Ash St. and upon arrival, discovered that no offense had occurred.

At 8:17 p.m., Officer Risk received a disturbance call in the 600 block of FM 3013. The offense had occurred out of the county and no action was taken.

Ladies

Continued from Page 11

season. The old record was eight. The win over Hitchcock gave the 1998 team nine wins on the season with three games remaining.

The Lady Raiders defeated Hitchcock 15-4, 15-4.

Leading the attack with four spike kills in the first game was senior Canaris, followed by junior, Waligura with two kills and Christ with two kills. Gertson, Kucherka, F. Rodriguez, Stacy Schneider and M. Rodriguez had a kill each. Canaris also had three block kills in one game.

Serving Aces were delivered by sophomores Patricia Najera (3), senior F. Rodriguez (2), and sophomore M Rodriguez.

Serving 100% were Kucherka, Grigar, Canaris, M. Rodriguez and Phillips.

Spike kills could never occur without the strong backcourt passing and digging by M. and F. Rodriguez, Kucherka, Amy Moore, Phillips, Canaris, Stacy Rodriguez, and Schnei-

der.

The Lady Raiders were scheduled to take on Stafford on Tuesday night, then travel to face Needville on Friday.

They will finish the regular season next Friday at Rice against district-leading Sweeny.



MERGE

When we all work together, great things can happen.

MDA
Muscular Dystrophy Association
1-800-572-1717

Reunion

Continued from Page 10

Carter. "We wanted to host it on campus, so we're renting a tent. Dress for the reunion is semi-casual and we're encouraging alumni to bring their families and invite friends. The reunion is truly a community event and we welcome any friend of the college to join us."

Various college departments and student organizations will host "mini reunions" prior to the reunion and dinner. Groups participating include Phi Theta Kappa, Public Safety Training, Nursing, Graduates of the 1950s, Graduates of 1947-48, Agriculture and the Johnnie Frankie Boys. Mini-reunions offer alumni the opportunity to visit with fellow alumni who share similar educational backgrounds.

Thanks to the generosity of the Alumni Association and the college, the Wharton County Historical Museum will host a free reception for the college's historical display from 2 to 4 p.m. The ribbon cutting ceremony for the display will be held at 2:30 p.m.

Alumni and college employees past and present are invited to attend.

"Many generous alumni and friends of the college have donated items to help create the historical display," said Carter. "We're pleased with the quality of items received. Museum Director Sylvia Ellis has done an outstanding job of creating an impressive and stately display for the college."

This year marks the first time the college will host its alumni reunion on the same day as Discovery Day.

WCJC will host its biennial campus-wide open house called Discovery Day also on Saturday, Oct. 24, from 9 a.m. to 4 p.m. at the Wharton campus.

Highlights of the day include free t-shirts for the first 100 guests to arrive at the college's administration building, various department activities throughout the campus from 9 a.m. to noon, performances by the band, jazz band, and choir, a ground breaking ceremony for the LaDieu Horticultural Extension at 10 a.m., a free hot dog lunch at noon, and children's games from 1 to 3 p.m. There will also be a number of prizes given.

"We're pleased to again offer this open house to the community," said Zina Carter, WCJC director of college advancement and communications. "There are a variety of activities to choose from, as the events are designed to appeal to people of all ages."

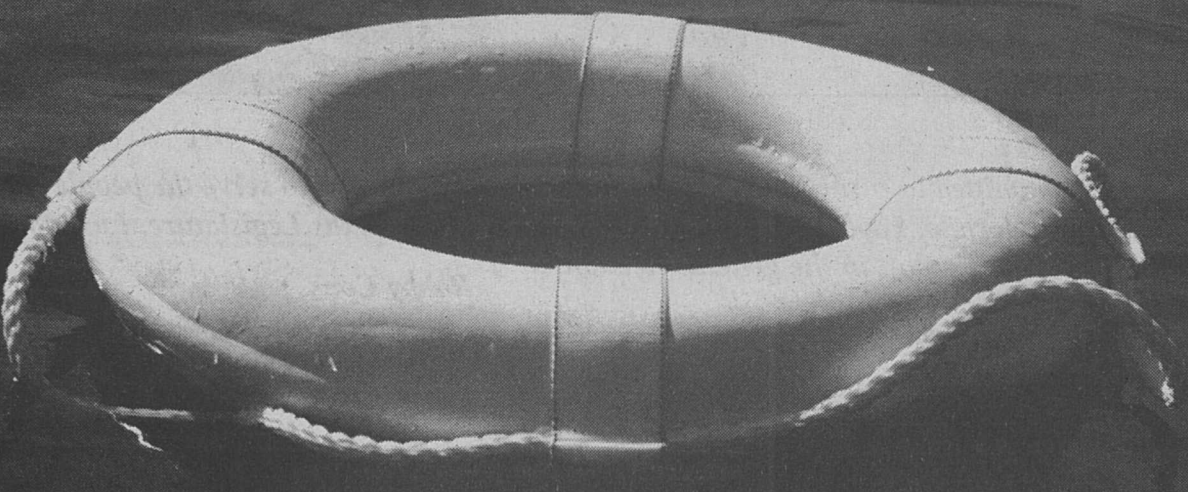
Among the many events scheduled are hands-on computer technology activities, painting and drawing, healthcare screenings, fossil exhibits, fun competitions in fitness, Mexican bingo, the card game 48, and much more.

"We invite everyone in the community to join us," said Carter. "Discovery Day is our way of giving something back to the community and a unique way for the community to become more familiar with the college grounds, faculty and programs."

Programs listing specific activities, times, and locations will be available for guests at any building as they arrive on campus Oct. 24. For more information, contact the WCJC Office of College Advancement at 409-532-6322 or 1-800-561-9252, ext. 6322.

The WCJC alumni reunion and dinner will be held Saturday, Oct. 24, from 4 to 6 p.m. on the Wharton Campus under a tent next to the Dusen-Hansen Fine Arts Building. Tickets are \$10 for adults and \$5 for children. Adult tickets are eligible for prize drawings for a television and stereo.

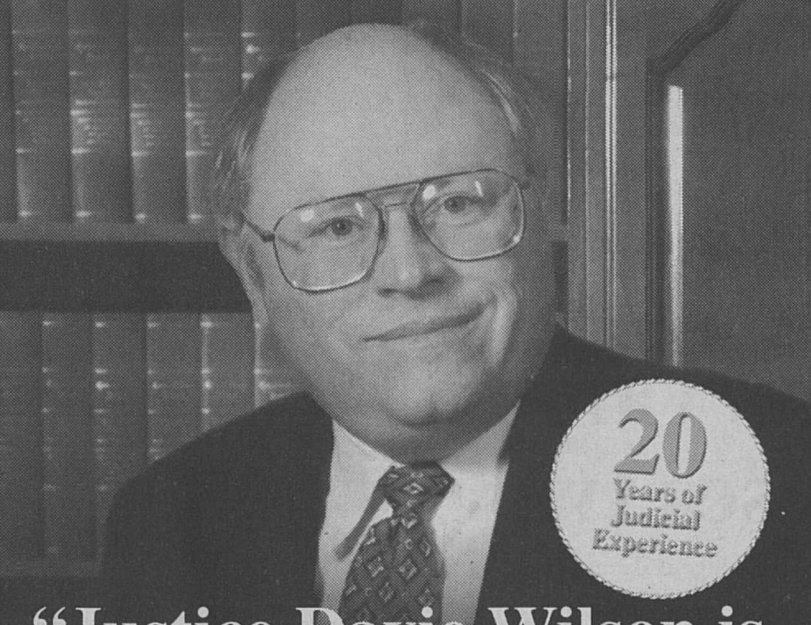
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